

Our commitment to you.....

Our “Food For Life Served Here” menu means we serve *Fresh, local, honest food*.

Our food is free from *undesirable trans fats, sweeteners and additives*

Our food is freshly prepared on site by professional staff who care about quality and ingredients

We support local wherever possible...our meat comes from *Quality Cuts of Sandbach, Littlers of Sandiway, Barrows of Bollington and Lower Hurst Farm in Derbyshire.*

We use *free range eggs, organic yogurt, organic Mornflake oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*



CATERING WITH THE RIGHT INGREDIENTS

Fresh Catering



Autumn/Winter 2018-19

At: **Offley Primary**

November 2018

M	Tu	W	Th	Fri	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December 2018

M	Tu	W	T	Fri	Sa	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

January 2019

M	Tu	W	T	Fri	Sa	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2019

M	Tu	W	T	Fri	Sa	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

March 2019

M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April 2019

M	T	W	T	Fr	Sa	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					



Autumn/Winter Menu



CATERING WITH THE RIGHT INGREDIENTS

Week 1

Monday

Margherita Pizza
Saute Potatoes

Salmon Fish Fingers
Saute Potatoes

Salmon & Cucumber
Sandwich

Autumn Feast Muffin

Tuesday

Chicken Korma
Rice & Cous Cous

Cheesy Pasta (v)

Cheese & Ham Sandwich

Chocolate Crunch with Fruit
Chunk

Wednesday

Roast Pork, Apple Sauce,
Creamed Potatoes

Vegetarian Sausage in Onion
Gravy & Creamed Potatoes

Tuna, Cucumber & Mayo
Sandwich

Dorset Apple Cake with Custard

Thursday

Beef Lasagne
Garlic Bread

Jacket Potato with a Choice of
Filling/s (v)

Egg, Cress & Mayo Sandwich

Orange Surprise Traybake
Or Yogurt

Friday

All Day Breakfast

Vinegar Infused Fish Goujons
Chips

Cheese & Cucumber
Sandwich

Cookie with Fruit Chunk
Or Yogurt

Week 2

Quorn Korma
Rice & Cous Cous

Pasta Italiane (v)

Salmon & Cucumber
Sandwich

Rosalie Biscuit with Fruit
Chunk

Chicken Casserole
Tomato Bread

Jacket Potato with a Choice of
Filling/s (v)

Cheese & Ham Sandwich

Lemon
Drizzle Cake

Roast Gammon & Pineapple
Roast Potatoes

Quorn Fillet (v)
Roast Potatoes

Tuna, Cucumber & Mayo
Sandwich

Rice Pudding with Fruit Coulis

Minced Beef & Potato Pie
Boiled Potatoes

Soft Tortilla Boat filled with
Vegetable Chilli (v)

Egg, Cress & Mayo Sandwich

Chocolate Marble Cake with
Custard or Yogurt

Southern Style Chicken,
BBQ Dip & Chips

Salmon Fish Fingers
Chips & Mash

Cheese & Cucumber Sandwich

Apple Oatie Shortbread
or Yogurt

Week 3

Organic Beef Burger
Paprika Potatoes

Vegetarian Cottage Pie (v)

Salmon & Cucumber
Sandwich

Banana Cake

Fruity Pork Curry
Rice & Cous Cous

Vegetarian Sausage Roll (v)
Sweet Potato Mash & Gravy

Cheese & Ham Sandwich

Flapjack with Fruit Chunk
Or Yogurt

Roast Chicken, Stuffing,
Gravy & Roast Potatoes

Quorn Fillet, Stuffing, (v)
Gravy & Roast Potatoes

Tuna, Cucumber & Mayo
Sandwich

Pear & Chocolate Crumble with
Custard

Mild Beef Curry
Rice

Jacket Potato with a Choice of
Filling/s (v)

Egg, Cress & Mayo Sandwich

Choc Penny with Fruit Chunk
Or Yogurt

Chicken Korma Chunks in a
Soft Tortilla Boat

Harry Ramsdens Junior
Fish Fillet & Chips

Cheese & Cucumber
Sandwich

Frozen Yogurt Ice Cream

