

Our commitment to you.....

Our "Food For Life Served Here" menu means we serve *Fresh, local, honest food*.

Our food is free from *undesirable trans fats, sweeteners and additives*

Our food is freshly prepared on site by professional staff that care about both quality, and ingredients

We support local wherever possible...our meat comes from *Quality Cuts of Sandbach, Littler's of Sandiway, Barrows of Bollington and Lower Hurst Farm in Derbyshire.*

We use *free range eggs, organic yogurt, organic Mornflake oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*



Fresh Catering



Autumn/ Winter 2019/20

At: **Offley Primary School**

November 2019

M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

December 2019

M	Tu	W	T	Fri	Sa	Su
30	31					1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

January 2020

M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

February 2020

M	Tu	W	T	Fri	Sa	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	

March 2020

M	Tu	W	T	Fri	Sa	Su
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2020

M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1		



Autumn/ Winter Menu 2019-20



CATERING WITH THE RIGHT INGREDIENTS

Week 1

Week 2

MONDAY

Chicago Town
Pizza with Saute
Potatoes

Jacket Potato
with a Choice of
Filling/s (v)

Cheese & Ham
Sandwich

Chocolate
Crunch with
Fruit Chunk

TUESDAY

Chicken Fillet,
Boiled Potatoes,
Veg & Gravy

Cheesy Pasta (v)

Salmon &
Cucumber
Sandwich

Toffee Apple
Sponge with
Custard

WEDNESDAY

Toad in the Hole

Pasta Italiane
(v)

Tuna Mayo &
Cucumber
Sandwich

Chocolate
Surprise
Brownie

THURSDAY

Meat & Potato Pie

Vegetarian
Sausage Roll (v)
with Potatoes

Egg Mayo &
Cress Sandwich
(v)

Fruit Crumble
with Custard

FRIDAY

BBQ Chicken in a
Soft Tortilla Boat

Salmon Fish
Fingers with
Chips

Cheese &
Cucumber
Sandwich (v)

Dinky
Doughnut with
Fruit Coulis

MONDAY

Organic Beef
Burger in a Bap
Paprika Potatoes

Vegetarian
Meatball Pasta
Bake (v)

Cheese & Ham
Sandwich

Dorset Apple
Cake

TUESDAY

Southern Style
Chicken with
Boiled Potatoes

Jacket Potato
with a Choice of
Filling/s (v)

Salmon &
Cucumber
Sandwich

Ginger Bread &
Custard

WEDNESDAY

Pulled Pork with
Roast Potatoes,
Apple sc & Gravy

Quorn Fillet,
Stuffing, Apple
Sce & Gravy (v)

Tuna Mayo &
Cucumber
Sandwich

Rice Pudding
with Fruit

THURSDAY

Chicken Korma
with Rice & Cous
Cous

Cheesy Pasta (v)

Egg Mayo &
Cress Sandwich
(v)

Vanilla Ice Cream
with Warm Fruit
Coulis

FRIDAY

Pasta Bolognese
with Garlic
Bread

Harry Ramsdens
Fish Fillet with
Saute Potatoes

Cheese &
Cucumber
Sandwich (v)

Chocolate Oatie
Biscuit

